

**Update on progress of National Centre for Sport and Exercise Medicine-
 January 2014**

Governing Body meeting

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9 January 2014

Author(s)/Presenter and title	Dr Ollie Hart, National Centre for Sport and Exercise Medicine-Sheffield
Sponsor	Ian Atkinson, Accountable Officer
Key Messages	
<p>To update on progress of National Centre Sport and Exercise Medicine in Sheffield. Sheffield is one of three centres (with Nottingham/Loughborough, and UCL) selected nationally to deliver the health legacy to the 2012 Olympics and Paralympic games.</p> <p>In Sheffield, the project consists of two work streams:</p> <ol style="list-style-type: none"> 1. A project aimed at delivering a vision of creating a culture of physical activity in Sheffield, 2. A capital project aimed at producing a network of Venues to facilitate uptake of physical activity. There is a confirmed commitment of £10m from the Department of Health for this project. <p>The two projects are financially separate, but share objectives and are linked in their planning and development.</p> <p><u>Key Messages</u></p> <ul style="list-style-type: none"> • AHSN funded workforce wellness programme for NHS staff progressing well – 172 staff recruited from STH in first 3 months • National sponsorship options been exhausted – local options now being pursued. Currently funding gap underwritten by key partners. • Full time project lead now in place – 1 year – Rob Copeland • Physical activity for city been widely consulted on, due for release – Jan 2013 • Funding officer and research officers in post • Capital projects now confirmed – part of multi-stakeholder £24m city wide project – to build 3 centres – Graves , Concord, North Active 	
Assurance Framework (AF)	
N/A	
Equality/Diversity Impact	
<p><i>Has an equality impact assessment been undertaken?</i> No</p> <p><i>Which of the 9 Protected Characteristics does it have an impact on?</i> None</p>	

Public and Patient Engagement
Regular reporting in place
Recommendations
The Governing Body is asked to note the update on the NCEM Programme

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1. Background

NCSEM project (also termed Olympic Legacy project) has been running since January 2011. Sheffield was confirmed as one of three national partners to deliver the Olympic health legacy, in July 2011. Sheffield's headline aim in this project is to use the legacy of the Olympics and Paralympics to create a 'culture of physical activity' in the city.

Stakeholders	Lead person
Sheffield Teaching Hospitals Foundation Trust	Sir Andrew Cash (chair)
NHS Sheffield CCG	Ian Atkinson
Sheffield City Council	John Mothersole
Sheffield Hallam University	
The University of Sheffield	Philip Harvey
Sheffield Chamber of Commerce and Industry	Richard Wright
Sheffield Health and Social Care Foundation Trust	Fiona Goudie
Voluntary Action Sheffield	
Sheffield International Venues	Steve Brailey
Sheffield Children's Hospital	Isabel Hemmings
Sheffield Teaching Hospital Foundation Trust	David Whitney

Project Lead – Professor David Whitney (STH)

Project Management leads- Rob Copeland (SHU)

2. Ongoing activity:

National level:

- NCSEM being developed into charity- ongoing
- National leadership (headed by David Whitney) confirming highest level political commitment to NCSEM,
- Confirmation that NCSEM falls within budget and leadership of Public Health England- they are proposing to commission local services through NCSEM

Sheffield Level:

Project:

- The NCSEM project has formed a key part of the Yorkshire and Humber proposal for the regional **Academic and Health Science Network**-confirmed for Yorkshire and Humber. NCSEM will receive £230k in year one to develop a workforce wellness programme for NHS staff at three regional sites. The location of these pilots is to be confirmed but will include Sheffield (this will cover one of 3 key work streams for

NCSEM- and will cover project management team that will be utilised across whole NCSEM project).

- A full time project lead is in post – Dr Rob Copeland
- CLARC have confirmed support for research officer (now in post at 2 days/ week) and Funding officer now (in post employed full time). Both posts to be reviewed 1st April 2014
- Detailed physical activity strategy being developed in combination with the Health and wellbeing physical activity and food board- due for release end Jan 2014
- Consultation day for the strategy was held in November at city hall – 150 people attended
- At present the project is underwritten by the partner organisations – ongoing work to develop funding from research and sponsorship opportunities
- A new physical activity referral scheme is being developed by Activity Sheffield. NCSEM will work with this team to ensure synergy of approach- scheme due to go live in March 2013

Capital:

- The NCSEM capital money (£10m) is part of a larger £24m project. It has been confirmed publicly that the project will now focus on 3 (not 4) new physical activity centres. HQ at Graves, and hubs at Concord and North active (new site planned in Chapel Town). An operating framework is being developed to manage these facilities. The funding gap has been closed and design teams are progressing and consulting on the layout of the centres. This is an exciting and novel project for Sheffield
- This network of centres will offer co-location of activity facilities and health services, and support aspirations to engage people in self management and increased engagement in PA as a prevention and treatment of disease, of a wide range of conditions. Work is underway with providers to ensure they are well used.

3. Representation for CCG

Ollie Hart (GP) is representing the CCG at Executive committee meetings, and Capital planning meetings. He is reporting to Charles Heatley (CCG) and Ian Atkinson (CCG). Ian Atkinson sits on the Sheffield NCSEM Board.

4. Recommendation

The Governing Body is asked to note the update on the NCESM Programme

Paper prepared by Dr Ollie Hart – CCG representative, NCSEM executive committee

On behalf of Ian Atkinson, Accountable Officer

30 December 2013