

Primary & community mental health survey

Sheffield is one of twelve areas in the country that is trying new ways of supporting people with their mental health in the community. We will be testing new ways of offering mental health services and support in 4 areas across Sheffield called Primary Care Networks (see the table below to see where you are).

North 2	GPA 1	Townships II	University Practices
Burngreave Surgery	Dovercourt Practice	Charnock Health Primary Care Centre	Student Health at SHU (Porter Brook Medical Centre)
Page Hall Medical Centre	Duke Medical Centre	Jaunty Springs Health Centre	University Health Service
Forge Health Group	East Bank Medical Centre	Richmond Health Centre	
Sheffield Medical Centre	Manor & Park Group Practice	Stonecroft Medical Centre	
Southey Green Medical Centre	Norfolk Park Medical Practice	Woodhouse Medical Centre	
The Firth Park Surgery	The White House Surgery		
Upwell Street Surgery			

This is an incredibly exciting time for mental health support, care and treatment locally! We are working initially in 4 areas to create a new model for mental health care, support and treatment. We want to align physical and mental health needs and to improve how we work with local communities, voluntary sector organisations and friends/families.

To do this we need your help. We want to hear from local people about what is important to you and your mental health. We will use the information you tell us to design our new services and to make sure they meet the most important local needs that you tell us are important to you.

This service will be for people living with a mental health condition. In order for us to understand the needs of different people it would be helpful for us to know if you live with any of these conditions.

<input type="checkbox"/>	Psychosis	<input type="checkbox"/>	Bipolar disorder	<input type="checkbox"/>	Eating disorder
<input type="checkbox"/>	Personality disorder	<input type="checkbox"/>	Severe Depression		
<input type="checkbox"/> Associated conditions such as frailty, cognitive impairment, substance misuse etc.					
<input type="checkbox"/>	Other	<input type="text" value="Please specify"/>			

What is important for your mental health and wellbeing?

Your local community plays a really important role in supporting your mental health. Lots of local community groups and organisations help to support you, improve your mental health and lead the life that you want.

What support in your community is important for your mental health?

<input type="checkbox"/>	Education/Training Support	<input type="checkbox"/>	Community Café/Group
<input type="checkbox"/>	Spiritual Support	<input type="checkbox"/>	Hobbies/Interests Group
<input type="checkbox"/>	Debt Advice/Money/Budgeting Support	<input type="checkbox"/>	Family Support
<input type="checkbox"/>	Walking Groups	<input type="checkbox"/>	Befriending Support
<input type="checkbox"/>	Swimming/Gym Groups	<input type="checkbox"/>	Volunteering/Employment Support
<input type="checkbox"/>	Football/Rugby & Team Sports	<input type="checkbox"/>	Disability Support
<input type="checkbox"/>	Gardening or Environmental Activities	<input type="checkbox"/>	Day to Day Life Skills Support
<input type="checkbox"/>	Healthy Eating/Cooking Groups	<input type="checkbox"/>	Community Café/Group
<input type="checkbox"/>	Education/Training Support		

Are there any other types of support for people's mental health that you feel are important in your community?

How often do you access community support for your mental health?

<input type="checkbox"/>	Every day	<input type="checkbox"/>	A few times a week	<input type="checkbox"/>	About once a week	<input type="checkbox"/>	A few times a month
<input type="checkbox"/>	Once a month	<input type="checkbox"/>	Occasionally	<input type="checkbox"/>	Never		

Please tell us which GP Practice you are registered with?

If you would like to continue to be involved in this work, please leave your contact details. This information will be kept separate from the rest of your answers and will only be used to contact you about being involved in developing this service.

Name	
Address	
Email	
Phone number	

Equality Monitoring - OPTIONAL

It is important for us to gather the following information so that we can provide the best services for **all** of our communities, and to ensure that we do not knowingly discriminate against any section of our community. No personal information will be released and all information will be protected and stored securely in line with data protection rules.

You do not have to answer all of these questions, but we would be very grateful if you would.

Please tell us the first part of your postcode (e.g. S9, S35)

Please enter here

Prefer not to say

What is your gender?

Female

Male

Other

Prefer not to say

Gender reassignment

Is your gender identity now different to the sex you were assumed to be at birth?

Yes

No

Prefer not to say

What is your age?

years

Prefer not to say

What is your sexual orientation?

Bisexual
(both sexes)

Lesbian
(same sex)

Gay man
(same sex)

Heterosexual/
Straight (opposite sex)

Other: Please specify

Prefer not to say

What is your ethnic background?

Asian

Black

Chinese

Mixed / multiple

White British

White Other

Prefer not to say

Other:

Please specify any other ethnic group here

Do you consider yourself to belong to any religion?

Yes

No

Prefer not to say

If yes, which religion do you follow

Please specify your religion here

Do you consider yourself to be disabled?

Yes

No

Prefer not to say

If yes above, what type of disability or impairment do you have? (Tick all that apply)

Autism

Learning disability

Mental Health condition

Physical or mobility

Hearing

Visual

Prefer not to say

Long-standing health condition or illness

Other:

Please specify

Do you provide care for someone?

Yes

No

Prefer not to say

Thank you for sharing your views

Please return your completed survey to: **FREEPOST NHS Sheffield CCG**