

# Making the Physical Health of People in Sheffield Better



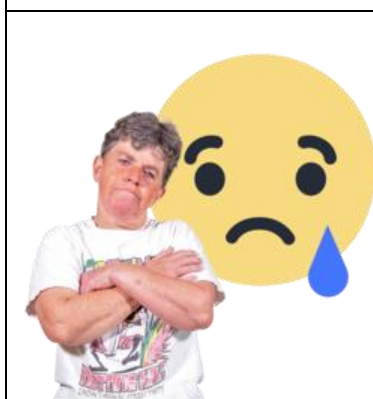
**Tell us what you think!**

## What we want to ask you



We have a plan about making the health of people in Sheffield better.

It is about helping people with learning disabilities, autistic people, and people with severe mental illness to live longer and healthier lives.



Many of these people have worse physical health than other people.

They do not get enough help for their health problems.

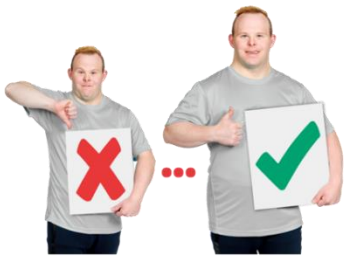
It can lead to illness and an early death.



The plan includes some of the things that organisations are working together to do.

They are health, care, and community organisations, such as:

- The NHS
- Sheffield City Council
- Community organisations



It is time for us to look at our plan and choose what we need to do next to make things better.

We would like to hear about what is important to you.



There are 6 questions for you to answer.

You can ask someone to help you write down your answers if you want to.

Thank you for your help!

## Tell us what you think?



**Question 1:** What has **helped** make people's health better over the **last** few years?

Please write your answer here:



**Question 2:** What has made it **harder** to make people's health better over the **last** few years?

Please write your answer here:



**Question 3:** What should organisations do to make people's health better over the **next** few years?

Please write your answer here:

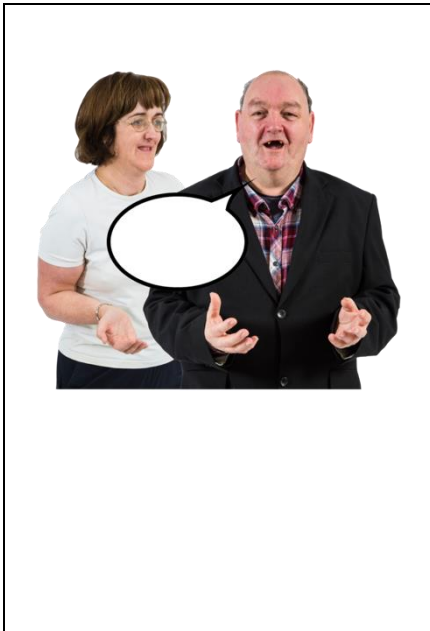


**Question 4:** How can we make it better for different groups of people?

For example,

- People from different ethnic backgrounds
- LGBTQIA+ people
- People living with other disabilities

Please write your answer here:



**Question 5:** Is there anything that organisations should do **less** of in the future (so they have more time to do new or different things)?

Please write your answer here:



**Question 6:** Do you have anything else that you would like to tell us about making people’s health better?

Please write your answer here:

**Tell us about you**

**You can choose if you want to answer these questions. Please leave any questions that you don’t want to answer blank.**

<b>Are you?</b>	Please tick below
Male	
Female	
Other	

<b>What is your sexual orientation?</b>	Please tick below
Bisexual	

Heterosexual	
Homosexual	
Other	

<b>Gender reassignment</b> Have you gone through any part of a process to change from the sex you were described as at birth, or do you intend to? (For example, how you present yourself, taking hormones, changing your name, or surgery?)	Please tick below
<b>Yes</b>	
<b>No</b>	

<b>What is your ethnic background?</b>	Please tick below
Asian, or Asian British: Chinese	
Asian, or Asian British: Pakistani	
Asian, or Asian British: Indian	
Asian, or Asian British: Any other Asian background	
Black, or Black British: African	
Black, or Black British: Caribbean	
Black, or Black British: Other Black background	
Mixed / multiple ethnic group: Asian and White	
Mixed / multiple ethnic group: Black African and White	
Mixed / multiple ethnic group: Other Mixed / multiple ethnic background	
White: British	
White: Gypsy/Traveller	
White: Other White background	
Other: (Please write below)	



<b>Do you consider yourself to belong to any religion?</b>	Please tick below
Yes	
No	
If Yes, which religion? (Please write below)	

<b>Do you live with any of these conditions?</b>	Please tick below
I am autistic	
I have a learning disability	
I have a mental health condition	
I have problems with my mobility (moving around)	
I have a hearing difficulty or I am Deaf	
I have a sight problem or I am Blind	
I have a long-lasting health condition or illness	

<b>Do you provide care for someone?</b> Such as family, friends, neighbours or others who are ill, disabled or who need support because they are older.	Please tick below
Yes	
No	

<b>What is your age?</b>
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**Please send this back to Sheffield NHS Integrated Care Board (ICB), either:**

By Post 	NHS South Yorkshire ICB 722 Prince of Wales Road Sheffield S9 4EU
OR by email 	<a href="mailto:syicb-sheffield.mhldportfolio@nhs.net">syicb-sheffield.mhldportfolio@nhs.net</a>

**Thank you!**