



A quick guide to Sheffield Neighbourhoods



Sheffield Clinical Commissioning Group

Sheffield Teaching Hospitals
NHS Foundation Trust



Sheffield Health and Social Care
NHS Foundation Trust

Everybody needs good neighbours

Experts agree that where we grow up, and the community we live in, has a massive influence on our health and wellbeing.

With an ageing population and an increased demand on public services, health and social care services across the country are trying to find more ways to work together to help people to stay well and get the care they need as close to home as possible.

This goes beyond pooling budgets and sharing resources though. This means different services learning from one another and teaming up to work in completely new ways they haven't done before.

Completely new ways that take into consideration how our expectations have changed too.

These days, many of us are techno-savvy, 'right now' consumers. We can access information 24/7, do our internet shopping and expect rapid delivery at a time and place to suit us. Many of us now expect the same for our health.

Change can't happen overnight but working as Neighbourhoods is just one of the ways health and social care organisations are coming together to tackle this.

This guide explains how Neighbourhoods are working in Sheffield.



Who lives in a neighbourhood?

In Sheffield, we define Neighbourhoods as:

"A small group of GP practices that work together with hospital and community services, professionals from mental health and social care and public sector services such as housing, community and volunteers to support 30-50,000 local people to remain independent, safe and well at home and in the community."

There are currently sixteen groups in Sheffield. Each group has its own local relationships with services operating in their area and some Neighbourhoods are already delivering services together.

Why this matters

As health, care and community services look for more ways to work together, some of the services you access at your GP practice could be provided at a Neighbourhood level in the future. We'll explain why throughout this guide and you can find which Neighbourhood your GP practice belongs to on page 8.



How do neighbourhoods work?

The main aims of the Neighbourhoods are to:

- Focus on preventing ill health and unnecessary hospital admissions
- Help people to manage their own health conditions
- Support people to make choices about their care
- Develop services with local people to meet local needs
- Provide high quality and appropriate services in a timely manner
- Deliver joined up care for people, especially those who are vulnerable or have complex needs by joint working across health, social, voluntary and wider public sector organisations

Neighbourhoods in Sheffield formed in late 2016 and are still in development. Many meet on a monthly basis depending on local needs.

With over 80 GP practices in the city and hundreds more local community services all banding together to combine their knowledge, community 'intelligence' and local health data, it's been a mammoth task as you can imagine.

Throughout 2018, Neighbourhoods will start to actively plan, coordinate and deliver even more services together. Ones which are completely tailored to meet the particular health needs of the people living in that Neighbourhood.



The role of GP practices in Neighbourhoods

GP practices are right at the heart of local Neighbourhoods. When we feel poorly or worried about our wellbeing, our GP practice is often the first point of call.

But these days, this isn't always necessary. Sometimes our GP isn't the best person to help with our health needs. Sometimes we might need to see a different health care professional such as a mental health worker. Sometimes we need social care or practical help with financial matters.

Working as Neighbourhoods doesn't change the importance of our local GP practices. It simply allows local GP practices to plan, coordinate and deliver some of their services together with their community neighbours.

By working this way, GP practices can pool resources, share staff, spread the load and offer more of the services our communities need, sustainably.

Below are just some of the joined-up things already happening in Neighbourhoods:



Closer working, sharing ideas



Proactive care for older people



More joined-up services



Social prescriptions



Improve access to mental health



Sharing the workforce



Extend teams in general practice



Improve hospital discharge



Support families living with dementia



Improve digital health skills



One patient record



Virtual wards in the community

How do Neighbourhoods affect me?

Let's take a look at how Neighbourhood working is already benefitting local people:

Case study 1: Virtual Ward

What is it?

The virtual ward is a team of health, care and community professionals linked to a specific group of GP practices.

Why do they do it?

The team works together to coordinate care for people with complex health needs that live in their local community.

The core team includes a GP, service coordinator (ward manager), community nursing, community support workers and representatives from the local voluntary sector.

What is the benefit to local people?

For patients with complex care needs, it means support to stay at home wherever possible - to avoid the distress of unnecessary hospital admissions. One team to coordinate all of that person's health and social needs.

Is my GP practice involved?

Work started as a pilot at Dovercourt Practice off City Road, and has been rolled out to another 21 practices in central Sheffield.

It's still in development elsewhere in the city. Your practice will let you know if you would benefit from the service.



Case study 2: Social Prescribing

What is it?

Social prescribing allows GPs, nurses and other professionals to give people a 'non-medical' prescription for a range of local, non-clinical services.

Why do they do it?

Not all health and social care needs can be solved by a prescription for tablets or a home visit by a carer alone. Often it's a combination of care that's needed where non-clinical, social support plays a crucial part. Working in Neighbourhoods means people can be linked to the best non-clinical services available locally for their needs for e.g. social activities provided by community groups and other voluntary sector organisations.

What is the benefit to local people?

Social prescriptions are proven to prevent and delay people even needing traditional health and care services in some cases.

Is my GP practice involved?

Social prescribing is happening city wide and being overseen by Sheffield City Council and the voluntary sector. Speak to your GP practice for more details.

Case study 3: Urgent GP appointments (future)

What is it?

In the future, GP practices may choose to provide urgent, same-day appointments at Neighbourhood level. At the moment, individual GP practices offer a limited number of urgent, same-day appointments if you telephone the surgery early.

Why might they do that?

Increase in demand for urgent appointments, together with fewer GPs and other healthcare professionals coming into the NHS, means providing urgent appointments at practice level is unsustainable. Leaving things as they are is not an option.

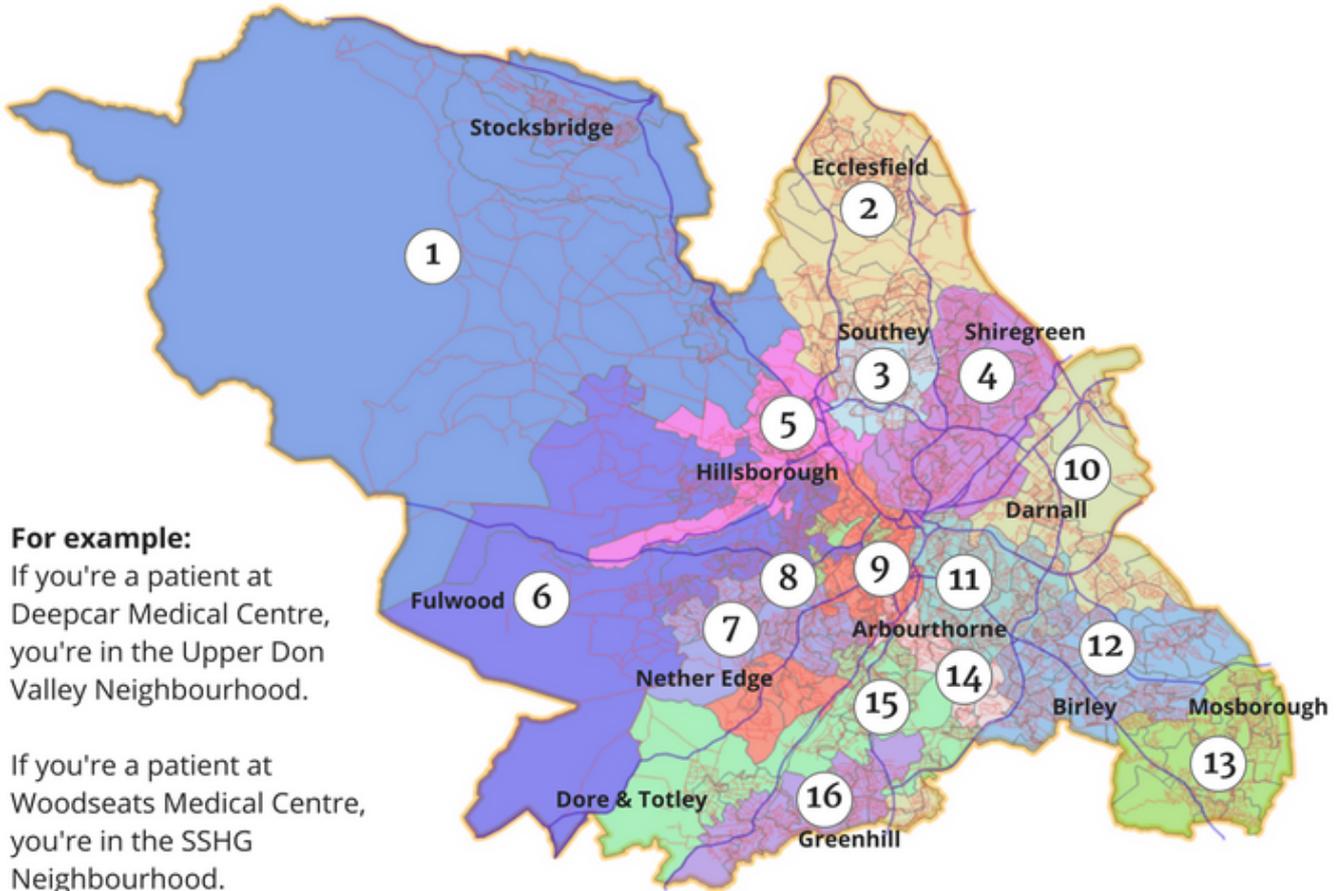
What is the benefit to local people?

People that need an urgent, same-day appointment are guaranteed one within 24 hours at their own or a local practice. People with complex health needs can have longer, planned appointments at their own practice. This means they are kept well and away from hospital unless absolutely necessary which is good for them and the NHS.

Is my GP practice involved?

Not yet - there's still lots to do. All GP practices will need to work with their Neighbourhood practices to find the best approach to suit their local community.

Which Neighbourhood is my GP practice in?



- | | |
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|  1 Upper Don Valley |  9 City Centre |
|  2 High Green |  10 Darnall |
|  3 SAPA |  11 GPA1 |
|  4 North 2 |  12 Townships 2 |
|  5 Hillsborough |  13 Townships 1 |
|  6 West Care 6 |  14 Carrfield |
|  7 Porter Valley |  15 SSHG |
|  8 Universities |  16 Peak Edge |

Which other GP practices are in my Neighbourhood?

- 1** Upper Don Valley GP practices
Deepcar Medical Centre | Oughtibridge Surgery | Valley Medical Centre
- 2** High Green GP practices
Chapelgreen Practice | Ecclesfield Group Practice | Foxhill Medical Centre | Grenoside Surgery | Mill Road Surgery
- 3** SAPA GP practices
Barnsley Road Surgery | Buchanan Road Surgery | Elm Lane Surgery | Norwood Medical Centre | Southey Green Medical Centre | The Health Care Surgery
- 4** North 2 GP practices
Burngreave Surgery | Dunninc Road Surgery | Firth Park Surgery | Page Hall Medical Centre | Pitsmoor Surgery | Sheffield Medical Centre | Shiregreen Medical Centre | The Flowers Health Centre | Upwell Street Surgery | Wincobank Medical Centre
- 5** Hillsborough GP practices
Dykes Hall Medical Centre | Far Lane Medical Centre | Tramways Medical Centre (Milner) | Tramways Medical Centre (O'Connell)
- 6** West Care 6 GP practices
Broomhill Surgery | Manchester Road Surgery | Selborne Road Medical Centre | Stannington Medical Centre (Shurmer) | The Crookes Practice | Walkley House Medical Centre
- 7** Porter Valley GP practices
Falkland House | Greystones Medical Centre | Nethergreen Surgery | Rustlings Road Medical Centre | The Hollies Medical Centre
- 8** Universities GP practices
University Health Service Health Centre
- 9** City Centre GP practices
Crookes Valley Medical Centre | Devonshire Green Medical Centre | Harold Street Medical Centre | Porter Brook Medical Centre | Uppertorpe Medical Centre | Clover City Practice
- 10** Darnall GP practices
Clover Group Practice | Darnall Health Centre (Mehrotra) | Handsworth Medical Centre | The Medical Centre
- 11** GPA1 GP practices
Dovercourt Surgery | Duke Medical Centre | East Bank Medical Centre | Manor Park Medical Centre | Norfolk Park Medical Centre | Park Health Centre | White House Surgery
- 12** Townships 2 GP practices
Birley Health Centre | Charnock Health Primary Care Centre | Jaunty Springs Health Centre | Richmond Medical Centre | Stonecroft Medical Centre | Woodhouse Health Centre
- 13** Townships 1 GP practices
Crystal Peaks Medical Centre | Mosborough Health Centre | Owlthorpe Medical Centre | Sothall and Beighton Health Centre | Hackenthorpe Medical Centre
- 14** Carrfield GP practices
Carrfield Medical Centre | Gleadless Medical Centre | Heeley Green Surgery | Sharrow Lane Medical Centre | The Mathews Practice
- 15** SSHG GP practices
Carterknowle And Dore Medical Centre | Sloan Medical Centre | Veritas Health Centre | Woodseats Medical Centre
- 16** Peak Edge GP practices
Abbey Lane Surgery | Avenue Medical Practice | Baslow Road And Shoreham Street Surgeries | The Meadowgreen Group Practice | Totley Rise Medical Centre

Find out more

We will be talking about Neighbourhoods more and more throughout 2018.

In the meantime, if you wish to find out more about Neighbourhood working in Sheffield and keep up with developments, why not sign up for our monthly Neighbourhood e-bulletin at:

<http://www.sheffieldccg.nhs.uk/our-projects/neighbourhoods.htm>

