



Insight

NHS Five Year Forward View and Sheffield

What does it mean?

The 'NHS Five Year Forward View' which was published in October 2014 talks in a very honest and clear way about how the country's healthcare needs to evolve. The paper sets out a vision for a better NHS that focuses on prevention, better education around health, bringing care closer to home and the need for even closer partnership working.

What this means for Sheffield:

- ▶ The CCG is already working towards changing services so that more care is delivered close to home, people are supported to stay well, and best use is made of NHS resources.
- ▶ There will be greater and closer work by partner organisations that will enhance how care is delivered. This will support patients being given more direct control and choice over the care they receive and where they receive it.
- ▶ People in Sheffield will have much better access to information about their conditions and history. They will also be given more support to keep well, so that fewer urgent admissions to hospitals are needed, with more care and treatment being made available in the community.
- ▶ There will be more opportunities for the public and involve me members to get involved in the decisions the CCG makes so that care and outcomes have the patient at the heart of everything.

The Five Year Forward View supports the plans the CCG set out in 2014, and in many ways Sheffield is ahead of the national picture, on planning for integrated services, with ambitious plans to deliver care in more efficient and innovative ways, and to support people to stay healthy. However, the CCG, Foundation Trusts and City Council want to talk to people in Sheffield about this and test what we think with the public. We will do this over late spring and early summer.



Save the Date!

As part of this exercise, an event will be held on the afternoon of Thursday 28th May about the future of health and social care services in the city. It will be run in conjunction with the Health and Wellbeing Board and will offer patients, carers and the public an opportunity to have their say about some of the major decisions that will need to be made over the next five years.

Further details will follow but, if you would like to express your interest in attending, please email us at SHECCG.EngagementActivity@nhs.net or phone 0114 305 4609.



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Your
feedback
bulletin

Has the person you care for been assessed for a care package?

Tell us about your experience

Healthwatch Sheffield wants to hear about your experience of the care package assessment process. If the person you care for has been assessed (or reassessed) recently, please tell us:

- ▶ Does their care package meet their needs?
- ▶ What was your/their experience of the assessment like?
- ▶ Is there anything which could have improved the experience?

We want to collect your views so we can find out what is working well, and what could be better. We can help to influence and improve our local services by getting your comments heard by the organisations that design, run and inspect our services.

What is Healthwatch Sheffield?

Healthwatch Sheffield is your independent consumer watchdog for health and social care. We're here to help adults, children and young people have a say in how services are designed and run.

Local Healthwatches have been set up by the government to run in every council area in England. We're independent and our services are free to use.

healthwatch

Contact

If there's anything you'd like to know, please get in touch with us.

Call: 0114 253 6688

Text: 0741 524 9657

✉ info@healthwatchsheffield.co.uk

Write to: Healthwatch Sheffield,
The Circle, 33 Rockingham Lane,
Sheffield, S1 4FW

📘 Like: HealthwatchSheffield

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www.healthwatchsheffield.co.uk



Engagement opportunity

Help shape respiratory care and services

The CCG is developing a strategy for respiratory care which will define what is commissioned in Sheffield up to 2019. The strategy will help to identify where access to services and patient treatments can be improved to help people living with respiratory conditions.

We are really keen to hear from patients about their experience of respiratory care and services in Sheffield in the last two years. Services can include those provided at GP practices, community services, hospital services (outpatients and in hospital), and through support groups such as Breathe Easy.

» For information on how to get involved visit www.sheffieldccg.nhs.uk

We are looking for patients to share their opinions and experiences in the following areas:

- ▶ **Chronic Obstructive Pulmonary Disease (COPD)**
- ▶ **Asthma**
- ▶ **Pneumonia**

A series of engagement opportunities are available for you to join in and take part and we really hope to hear from as many patients across the city as possible. There are three main ways for patients to get involved;

- ▶ **Patient Opinion** - a website blog has been set up for open and anonymous feedback - look out for posters and small information cards in practices and respiratory clinics.

- ▶ **You** - The 'Involve Me' network can play an important role by leading the way in patient input.
- ▶ **Face to face group consultations** - keep an eye out for when these will take place. We will keep you updated in due course.

Information on how to get involved is available on the CCG's website www.sheffieldccg.nhs.uk

The feedback we receive will help us to understand what is working and what could be improved in Sheffield's respiratory services. It will then go into the strategy, which will help to make sure that we are providing the right services for Sheffield's respiratory patients.

Please see the enclosed 'Patient Opinion' form that you can fill in and send by free-post to make your contribution to the engagement process.

We look forward to hearing from you!

Keep Choosing Well

Download the Sheffield CCG 'Choose Well app'

The right service at the right time

As we approach the final stretch of what has been a challenging winter for health services, it is important to reflect upon the pressures that Sheffield's emergency care system is under. The demands and pressure upon our services has been relentless and increase all the time. Anyone who has had to visit the Northern General Hospital this winter will have experienced just how busy things have become.

Our services have been looking after many patients who are frail or older people and the priorities continue to be providing emergency and life threatening care. The CCG has been running its 'Choose Well' campaign to help people understand which services they should access depending on their illness, injury or condition.

You may have seen the latest booklet that has been sent to all GP practices, pharmacies, dentists and opticians that explains what services are available and how to access them. There is also information on self-care, stopping smoking and tips on staying healthy over the winter.

The CCG also has its very own 'Choose Well app' available to download for iPhones and Android smartphones and details on how to download it and other Choose Well information is on:

www.sheffieldccg.nhs.uk



And finally...

In the last few months, 'involve me' members have helped shape several major pieces of work, including:

- ▶ The city-wide mental health strategy
- ▶ Musculoskeletal care
- ▶ End of life strategy
- ▶ Respiratory strategy
- ▶ Commissioning intentions
- ▶ Domiciliary care procurement

We would like to say a big **thank you** to all of you for your contribution and commitment to helping us shape healthcare in Sheffield.

New Mental Health Service

For young people

The CCG has launched a new mental health service specifically aimed at 16 and 17 year olds.

The service has been developed to help improve access and treatment for young people who are experiencing mental health illness and problems and is an extension of the existing mental health services for children and young people.

The service has been launched to meet the need for continued mental health services for young people as they move from children's to adult service provision.

Sheffield GP and mental health champion, Dr. Karen O'Connor, said:

'The launch of this new service is a welcome and much needed addition to the existing range of mental health services that are already available. It will significantly improve the mental health services available for 16-17 year olds as they make the transition from being children to adults.'

'We have been working hard with our partners to develop the right services which will improve the treatments available for young people. We want everyone in the city, regardless of their age to be able to access the right mental health care, and this development will help us to achieve that goal.'



The new service has been developed in partnership with both Sheffield Children's NHS Foundation Trust and Sheffield Health and Social Care NHS Foundation Trust and will initially run for six months to make sure that the clinical model is right before we evaluate progress.

During this time, the service will be closely monitored, and a detailed evaluation - including the views of young people and their families - will take place to capture the learning before long term decisions are made.



'involve me' is Sheffield CCG's engagement network. It has been set up as a way of involving people who care about their local NHS and who would like to be kept updated, or get involved and have their say, on commissioning decisions for the benefit of Sheffield people. If any of your friends or family are interested in joining the 'involve me' network please visit the website www.sheffieldccg.nhs.uk and click the 'involve me' tab.

Dates for your diary

CCG Governing Body meetings

- ▶ 5 March 2015
- ▶ 2 April 2015

From 4pm onwards at:
722 Prince of Wales Road,
Darnall, Sheffield S9 4EU

The full list of dates along with meeting papers can be found at [www.sheffieldccg.nhs.uk/about us/](http://www.sheffieldccg.nhs.uk/about-us/) CCG Governing Body.

Or you can contact:
Carol Henderson
on 0114 305 1102 or email
carol.henderson2@nhs.net

How to contact us

NHS Sheffield Clinical
Commissioning Group
722 Prince of Wales Road,
Darnall, Sheffield S9 4EU

- ☎ 0114 305 1000
- 🌐 www.sheffieldccg.nhs.uk
- ✉ SHECCG.EngagementActivity@nhs.net
- 🐦 @NHSSheffieldCCG

Feedback

We would really like to hear your views on this newsletter. Please email us your comments, views and suggestions for future issues.

