

AYMES Shake - instructions for use.



You will need

200 ml (1/3pint) of whole milk

1 sachet of AYMES Shake powder

1. Put 50 ml of full fat milk into the AYMES Shaker and add the sachet of Aymes Shake.
2. Mix into a smooth cream with a whisk or fork.
3. Top up with the remaining 150 ml of full fat milk, place the lid to the shaker into position and shake well until thoroughly mixed.
4. Pour into a glass.
5. Best served chilled – try adding ice to the drink.
6. Drink within 4 hours (if not refrigerated).
7. AYMES Shake drink can be stored in the refrigerator for up to 24 hours.

As an alternative you may wish to try your Aymes Shake chocolate flavour as a hot drink.

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