

Rather than going straight to A&E **THINK!**



Is this an accident or emergency?

If not, either ring your GP's normal number

Write the number below:

And add to your mobile

24 hours
phone diverted
when the surgery
is closed.

- OR**
- call NHS 111: on **111** (textphone 18001 111)
 - visit NHS Choices at www.nhs.uk
 - speak to your local pharmacy for advice and treatment on minor illnesses.

When should I go to Accident & Emergency?

- Unconsciousness, a suspected heart attack, a suspected stroke, seizures or fits.
- Heavy blood loss, difficulty in breathing, severe burns or scalds, a deep wound such as a stab wound, suspected broken bones.
- A severe allergic reaction or rash that does not fade when you press a glass against it.

This is not exhaustive. If you are unsure about the situation you are dealing with **call 111** for advice.