Palliative care services in Sheffield

Hospital Palliative Care Teams Northern General Hospital 0114 226 6770 Royal Hallamshire Hospital 0114 226 5260

Sheffield Macmillan Unit for Palliative Care 0114 226 6711 The purpose built, 18 bed unit in the grounds of the Northern General provides specialist inpatient care.

St Luke's Hospice 0114 236 9911 St Luke's Hospice provides a community palliative care service, whose team members can visit you at home. They also provide a Therapies and Rehabilitation Centre for day care and inpatient care.

Other supportive care services

Cavendish Centre 0114 278 4600 The Cavendish Centre provides complementary therapies, support and bereavement care for people with cancer and their carers. Services are free.

Cancer Support Centre 0114 226 5391 This centre offers day care and information for people affected by cancer.

Support groups

There are a variety of support groups in Sheffield.

If you are interested in finding out more about services available, please speak to your key worker.

Notes



Palliative care

Information for patients
Palliative Care



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In hospital and in the community

proud to make a difference

What is palliative care?

Palliative care aims to improve the quality of life of people (including carers) affected by serious illness, by paying attention to physical, psychological, social and spiritual concerns.

It covers cancer but also includes other conditions such as heart, lung, kidney or neurological diseases.

In particular, this may include specialist help with:

- Pain control
- Symptom control
- Emotional support
- Spiritual care
- Carer support
- Planning future palliative care
- End of life care

In Sheffield, specialist palliative care services are provided by Sheffield Teaching Hospitals NHS Foundation Trust and St Luke's Hospice. Members of these teams can visit and support patients and families at home, in hospital, hospice or nursing home.

This leaflet gives you some more information about Sheffield Teaching Hospitals Palliative Care Team.

Sheffield Teaching Hospitals Palliative Care Team

The Sheffield Teaching Hospitals Palliative Care Team includes specially trained nurses (often called Macmillan Nurses), doctors (consultants and specialist registrar), and a pharmacist.

The team makes consultations on the hospital wards and sees outpatients to provide palliative care support. We are available Monday to Friday between 9am and 5pm. In addition, a member of the team is available out of hours and at weekends, should your ward need to contact them for advice.

How can I be referred?

Usually the ward staff looking after you will refer you to our team if they think it would help you, and will make the consultant currently looking after you aware of the referral.

What happens when they visit?

A member of the team will introduce him or herself to you and explain their role. Normally they will assess your problems and offer suggestions to help you manage those problems. The team is also here to support your family or carers. Team members are able to advise the ward teams on any further aspects of your care, including your medication. The team will revisit you as needed during your stay, to review your situation.

During your stay, one of the team will be your palliative care key worker, who will coordinate your palliative care needs whilst you are in hospital.

Your key worker is

Name:

Contact number:

What happens when I leave hospital?

When you leave the hospital you may be referred to the palliative care service in the community if necessary.

We can also see patients in our palliative care outpatient clinics.